BOOK STUDY GUIDE FOR COUNSELING HOMEWORK

Reading & Highlight Assignment

* *Do all your reading in the spirit of James 1:22-25, 22 But be doers of the word, and not hearers only, deceiving yourselves. 23 For if anyone is a hearer of the word and not a doer, he is like a man who looks intently at his natural face in a mirror. 24 For he looks at himself and goes away and at once forgets what he was like. 25 But the one who looks into the perfect law, the law of liberty, and perseveres, being no hearer who forgets but a doer who acts, he will be blessed in his doing.*

1. Read and then highlight, mark or underline, as many sentence(s) or paragraph(s) as you can in this study, (at least 10), that spoke to your heart.
2. Number or place a letter in the margin of your book or booklet so you can reference them later on paper. If your papers are lettered or numbered refer to that marking.
3. Use a sheet of paper (or on your electronic device) and write a two-sentence summary for each sentence(s) or paragraph(s) that you highlighted or marked, explaining why you thought the sentence(s) or paragraph(s) in this study were noteworthy to you.
4. Write down the most important principle, principles or insights presented by the author in this book, booklet, or passage if the homework is a Bible passage, in your own words.
5. Write and evaluate or assess your life in the light of the insights presented in this reading.

Since you found noteworthy items in the study how do you think that you do or do not follow the biblical guidelines presented in your reading? (In what ways or what manner specifically).

1. Write out a plan. Pray, meditate and apply the truths you have learned.

Note where you are failing and where you are succeeding in implementing the truths of this reading.

Specifically find a creative way to reproduce what you have learned.

How can you begin to practice this biblical guideline in your husband/wife relationship, family, work, school, friends or other relationships?

What do you need to change?

How will you go about making these changes?

1. Explain how you applied what you learned and with whom and in what circumstances did you specifically apply these truths.
2. In what ways can you keep from going back into the unbiblical practice that you have found yourself in?